

Presse Information Summer Long Text

Hotel Alpenrose – Summer Holidays in the Heart of Tyrolean Mountains

Colourful and flowering fields. The smell of summer is everywhere. You occasionally perceive the noise of a far torrent. All around majestic peaks looming up from an azure blue sky. Intense green pastures and quiet woods stretching along high mountain slopes. In this idyll of the Tyrolean Lech Valley – an untouched river country with charming little towns - lies our wellness and family hotel Alpenrose. A paradise for anyone who enjoys life, looks for some rest and loves nature.

Our Hotel – a wellness oasis with flair

The big lobby is equipped with stylish furniture and open fireplace which transmit a feeling of noblesse and cosiness. From here you can comfortably reach all hotel facilities without taking a step outside the hotel: ultramodern Wellness Center, beautiful Wellness Schlössl with panoramic indoor swimming pool, tasteful restaurant, gourmet rooms in original Tyrolean style and last but not least a parking garage. In our rooms and suites, which are all equipped with balcony and view over the surrounding mountains, traditional ambience and modern comforts melt together to generate a breathtaking atmosphere .Our personnel, a well-coordinated team, acts with natural warmth and shows its valuable competence in all issues. Our spacious lobby is the platform of almost all our events, such as reception occasions or dancing and movie evenings.

Information:

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The hotel garden - charming and relaxing

Our swimming pound with water fall has got drinking-water quality and is the real jewel of the garden. It reaches a surface of 6.000 m2 and is reserved only for our guests. The "idlest" visitors will surely appreciate it. Just sit on a deckchair and relax, because time itself is the most precious luxury. You can also get some refreshment in the swimming pound, play chess, tennis, crazy golf or, if you prefer, you can lie and relax a little bit longer. Children's hit: playground and electric cars.

Gastronomy – good and healthy

At Alpenrose Hotel we offer you delicious dishes and we always pay attention to quality. The professionals of our Vital kitchen uses only genuine products from local manufactures. A big variety of exquisite tastes is waiting for you. Noble, robust or rather palatable – a good wine complements a tasteful meal and keeps its promises. That goes without saying! Our pampering board includes a generous, healthy breakfast buffet, an afternoon buffet, a snack with coffee and cake and an evening three- or four-course menu. Vegetarian dishes are always part of our menu. Our three tea and juice bars – in the lobby, in the Wellness Center and in Wellness Schlössl – are just waiting for you.

Wellness & Beauty - Well-being for body, spirit and soul

Take care of yourself and enjoy a feeling of deep well-being. That's all. It works wonders. Our light-flooded Wellness-Schlössl is exactly the right place to translate this feeling into practice. After a walking tour, after a biking excursion or whenever you feel like doing something good to your body and soul. Some recreative units in our panoramic indoor swimming pool, a relaxing session in the whirl pool or a massage have beneficial effects and increase your well-being. A big variety of treatments and wellness facilities will take care of your body while pampering your soul. High-qualified specialists and noble product lines guarantee the success of each application. Emperor bath, Rasul bath, Ägyptos wrapping, ayurvedic facial massages, thalasso body-wrapping or the typical hay bath. Well-being, health and vitality melt together in order to create a harmonic whole.

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Wellness Center - regeneration for your spirit

This ultramodern fitness center counts on full time coaching, plays the best songs and is simply trendy. You can train with the most modern fitness equipment and TV-displays which are tailored for cardio (heart and blood circulation) and muscular training. On request you have the possibility to check your personal fitness level. After a brief evaluation, our fitness experts will develop your individual sport program. Stress free training is guaranteed for everyone, for beginners and sportsmen too. There is no waiting time in front of each piece of equipment! Beside our equipment zone you can find a spacious, light-flooded gym room. After each training units or whenever you want to, you can strengthen your energies at our juice bar and enjoy fruity drinks and vitamin-packed fruits.

Outdoor program - activities to discover nature

Lech Valley is an extensive, untouched river landscape. Its wild and romantic character is unique in Europe. Numerous valleys, rolling hills and mountains offer ideal conditions for a big variety of activity programs. Walking tours, Nordic walking, bike excursion and mountain biking are only some of them. On foot or with your bike, there are innumerable ways to keep in form. Everything is possible: inspiring walks, pleasurable trekking tours, bike excursions (130 km to the valley, 250 km to the side valleys), and longer tours with or without guide. Also mountaineers will find here uncountable destinations to explore. We offer you high-quality bicycles and mountain bikes at our hotel. A very popular group activity is the so called "pasture breakfast" which includes a group walking tour to a hut. The alpine world, flooded with gorgeous morning light, gives impressive views and charming natural perfumes. Once you reach the alpine hut, the breakfast with eggs, bacon, mountain cheese, roast potatoes and ham will be even more tasty. In the evening, when you come back after an intense day in the heart of these gorgeous landscapes, you can choose between numerous relaxing programs. And you feel at home.

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