

Presse Information

Summer Short Text

Hotel Alpenrose – The Wellness Oasis

Come here, come to life. Our wellness and family hotel Alpenrose in Elbigenalp is a wellness oasis for anyone who enjoys life, looks for some rest and loves nature. It lies in the hearth this untouched river country of Tyrolean Lech Valley, surrounded by majestic mountains. Traditional ambience and modern comforts melt together to generate a breathtaking atmosphere .

Real luxury is time. Inside our Wellness-Schlössl, flooded with light and connected to our hotel through a subterranean passage, you can discover a sense of eternal well-being. Relaxing in our panoramic indoor swimming pool, having an ayurvedic facial massage, taking an original hay bad or enjoying one of our numerous beauty treatments – care of the soul and rest of the body melt together in order to create a perfect and harmonic whole. Stress-free training at our ultramodern WellFit Center with full-time coaching is a must. And in the spacious hotel garden you can take some refreshment in the swimming pound, you can play tennis or just lay on the lawn enjoying the magical atmosphere of surrounding alpine landscape.

Being active is fun and is healthy. Hut to hut walking tours, Nordic walking, biking and mountain biking are classical activities in this natural landscape. Tracking and walking routes – light, medium or difficult – are very numerous. Also mountain climbers will find many attractive places to explore. Our hotel offers you good-quality bicycles and mountain bikes. After an intensive day characterized by various outdoor activities you can enjoy the evening in the sign of comfort and relaxation. You can relax they way you want and feel yourself at home.

Information:

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fax 00 43 56 34 66 52 87 . e-mail: info@alpenrose.net . www.Alpenrose.NET

Gastronomy – good and healthy

At Alpenrose Hotel we offer you delicious dishes and we always pay attention to quality. The professionals of our Vital kitchen uses only genuine product from local manufactures. A big variety of exquisite tastes is waiting for you. Noble, robust or rather palatable – a good wine complements a tasteful meal and keeps its promises. That goes without saying! Our pampering board includes a generous, healthy breakfast buffet, an afternoon buffet, a snack with coffee and cake and an evening three- or four-course menu. Vegetarian dishes are always part of our menu. Our three tea and juice bars – in the lobby, in the Wellness Center and in Wellness Schössl – are just waiting for you.

Wellness & Beauty – Well-being for body, spirit and soul

Take care of yourself and enjoy a feeling of deep well-being. That's all. It works wonders. Our light-flooded Wellness-Schössl is exactly the right place to translate this feeling into practice. After a walking tour, after a biking excursion or whenever you feel like doing something good to your body and soul. Some recreative units in our panoramic indoor swimming pool, a relaxing session in the whirl pool or a massage have beneficial effects and increase your well-being. A big variety of treatments and wellness facilities will take care of your body while pampering your soul. High-qualified specialists and noble product lines guarantee the success of each application. Imperial bath, Rasul bath, Ägyptos wrapping, ayurvedic facial massages, thalasso body-wrapping or the typical hay bath. Well-being, health and vitality melt together in order to create a harmonic whole.

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Wellness Center – regeneration for your spirit

This ultramodern fitness center counts on full time coaching, plays the best songs and is simply trendy. You can train with the most modern fitness equipment and TV-displays which are tailored for cardio (heart and blood circulation) and muscular training. On request, you have the possibility to check your personal fitness level. After a brief evaluation, our fitness experts will develop your individual sport program. Stress free training is guaranteed for everyone, for beginners and sportsmen too. There is no waiting time in front of each piece of equipment! Beside our equipment zone you can find a spacious, light-flooded gym room. After each training units or whenever you want to, you can strengthen your energies at our juice bar and enjoy fruity drinks and vitamin-packed fruits.

Outdoor program – Winter is fun!

During the winter Lech Valley looks like a breathtaking snowy paradise. Cross-country skiing is one of the best winter activities and Hotel Alpenrose is just the ideal starting point for it. You can join gorgeous trails directly from our hotel. They will take you into an amazing winter landscape. You can discover this natural beauty also during a horse sleigh ride or a walking tour. Only a few minutes from our hotel there are two ski lifts for beginners and a drag lift. Parents will take advantage of the unique service taking children to the ski lifts and back to the hotel. Skiers and snowboarders can reach this top skiing area in only 30 minutes. Thanks to our parking garage you can drive by car without having problems with ice and snow. Otherwise you can use the ski bus that stops in front of our hotel. After coming back from your daily excursion you will enjoy pure comfort, e.g. in our lobby where fire flares and crackles in the open fireplace. You will feel yourself at home!

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